

THE CONTINUUM

The Newsletter
of

Community Treatment Solutions

236 West Route 38, Suite 100 · Moorestown, New Jersey · 08057

CTS OPENS GOLDSTON FAMILY SERVICES

CTS is proud to announce the September 2008 opening of the Goldston Family Services program in Cumberland County. GFS is a family engagement and visitation program designed to teach families new skills and find new resources to enable children to return home to a safe and stable environment. The CTS model for family engagement and visitation services includes a full range of additional services, such as formal parenting classes, behavioral health services when needed, effective communication classes, life skills classes, linkages to substance abuse treatment and the availability of mentoring through the CTS Foster Parent Association and CTS staff. As always, CTS utilizes a “whatever it takes” approach to helping families minimize any significant obstacles to reunification.

Services include hands on experiences in areas such as food shopping, meal planning, school conferences, child development and making and keeping doctor’s appointments. Educational and informational sessions are conducted on topics such as parenting, communication, stress management, accessing entitlements and community resources. Formal parenting classes are also offered on topics such as child development, effective discipline, effective praise, stress and anger management, self-control and problem solving and reducing inappropriate behaviors. Should the family require more intensive clinical services, CTS credentialed staff who specialize in marriage and family therapy provide services as part of the CTS continuum of care.

Goldston Family Services is named in honor of Linda Leebov Goldston, Esq., a dedicated lawyer, mother and philanthropist. Mrs. Goldston’s philanthropy is dedicated to programs that give people new tools for success and emphasize stewardship. CTS is proud to honor Mrs. Goldston and we are equally proud to be able to serve South Jersey children, youth

and families in such a meaningful way!

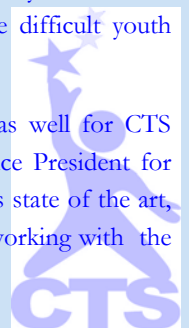


CTS AWARDED NEW PROGRAM

CTS has been awarded a new contract through the Department of Children and Family’s Division of Child Behavioral Health Services. The new program will provide a home-like setting for youth and is designed to address factors associated with childhood trauma that have resulted in significant behavioral problems. Our approach is to use therapeutic supportive family settings that are similar to, but more intensive than, typically available treatment foster care along with specially trained, licensed masters-level clinicians that have experience in treating traumatized youth.

Nadezdah Robinson, Ph.D., Director of the Department of Children’s Behavioral Health Services, stated that CTS’s proposal was “beautiful” and the proposal review committee is pleased to award CTS this new program as they believe that they have made a decision to “provide these difficult youth with the best service possible.”

“This is a dynamic program for the clients as well for CTS staff,” states Mario Tommasi, Ph.D., CTS Vice President for Clinical Affairs. He adds, “The CTS model is state of the art, creative and builds on CTS core expertise of working with the most complex cases.”



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CTS HOLDS FRIENDRAISER



37 people attended the first CTS FRIENDRAISER held at the home of Susan Buchwald, President and Chief Executive Officer. The conversation was stimulating, the food was delicious and the view of the Delaware River was breathtaking. The emphasis was all on CTS.

The event was sponsored by the CTS Board of Trustees for **“An Evening for the Betterment of Neglected & Abused Children.”** The goal of the evening was to familiarize invitees with the work CTS is doing with the children we serve and those who serve them. Attendees viewed a video about CTS. Guests had the opportunity to mingle and discuss what CTS does and what our clients need with Board members and the CTS Executive Team.

Two additional FRIENDRAISERS are scheduled for later in the year culminating in a major fundraising event to be held in the fall of 2008. Watch for your invitation!

STELLAR RESULTS FOR 2007

The end of year CTS Quality Improvement/Performance Improvement results are quite remarkable and show that clients are getting better, staff are happy working at CTS and we continue to operate responsibly. In many ways, 2007 was an exemplary year for CTS. The majority of our clients report feeling that their treatment is working and they are getting better—87% of our clients have demonstrated functional improvement as a result of CTS interventions. Our youth in treatment homes remain stable in their homes with less than 15% needing to move within our system. Three out of four clients in treatment home placements return to their family of origin or go to live with extended family after CTS discharge. Employee turnover was low in 2007, there were no employee

grievances and 93% of our employees felt that CTS is a good place to work..

CTS is committed to providing quality care to our clients and services with integrity. The CTS QI/PI Program routinely monitors every aspect of CTS operations and services. Our QI/PI Program not only tells us when we are doing well but also identifies where we need to make improvements. Data from the on-going CTS QI/PI Com-



mittee and is summarized into a Quarterly Report Card on five domains: clinical, financial, utilization management, risk management and human resources. CTS has established thresholds for every indicator reviewed based on licensing requirements, Council on Accreditation standards and best practices.

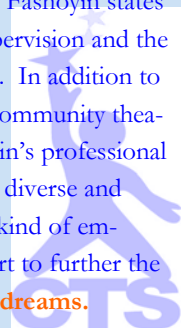
CTS PEOPLE, PLACES AND FACES



Featured Employee—Tola Fashoyin, MSW, LSW

Tola Fashoyin is a staff clinician who received her MSW from the University of Pennsylvania. Ms Fashoyin also has a degree in economics from Rutgers University.

When asked why she chose social work over economics, Ms Fashoyin, said “Because my heart said so.” Ms Fashoyin states that the best thing about working at CTS is supervision and the most difficult is coordinating outside resources. In addition to her work at CTS, Ms Fashoyin participates in community theater and is currently writing a novel. Ms Fashoyin’s professional commitment, her openness to learning and her diverse and unique personal interests make her exactly the kind of employee CTS strives to hire in our on-going effort to further the CTS mission and **instilling hope.... creating dreams.**



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A NEW TRADITION?

Despite the fact that it was the first major snow storm for the year, CTS employees came from near and afar to attend the annual CTS Winter Party. This year was quite unique and maybe even precedent setting. This year's event was held at the beautiful Moorestown Community House and was entirely prepared, presented, served and cleaned up by the CTS Executive Team—Susan Buchwald, Mario Tommasi, Shabnam Sharma, Lynn Connor and George Zeo. Hot dogs and hamburgers, you think? The menu included a large variety of appetizers, roasted turkey with wild mushroom gravy, filet mignon roast with a wine reduction, salmon stuffed with crabmeat, eggplant parmigiana, shrimp stir fry ala Shabnam, scalloped potatoes, green bean casserole, mixed green salad with raspberry vinaigrette and desserts galore. Music was provided by DJ Gus and wine by Moore Brothers. CTS staff reported that this was the best winter celebration ever and the Executive Team has already started planning next year's menu.



CTS CORE VALUES

- We are culturally competent ★
- We are ethically and professionally guided ★
- We operate with integrity and accountability ★
- We respect and encourage creativity and cohesiveness within the organization ★
- We enjoy our work and have a sense of humor ★
- We emphasize that our employees are our greatest asset ★
- We are committed to partnering with stakeholders within our communities ★

CEO MESSAGE



You will notice that this newsletter contains articles about CTS accomplishments (there are many!) and news about CTS events (they are fun!) and CTS staff (they are the best!). Perhaps, you are wondering about all of the stars on the paper. Look where they begin. They come from the young person standing on CTS. The stars represent our client's success as they go out into the world after CTS treatment.

CTS is the foundation for personal growth, achievement and hope for the youth we serve. We provide safety, nurturing, emotional support, counseling and mentoring that is quality driven and clinically intensive in order to ensure that this extremely vulnerable population's dreams for the future can be more of a reality.

As Ms Fashoyin stated, this work is from the heart. It is interwoven with commitment, skill, humanity and dedication. Our tasks are to tap each youth's resiliency and strengths so that they can move on with their lives without the damage caused by the trauma they have experienced in their young lives. We believe that this task is a mandate for changing the world one child at a time and we are up to the challenge! Let me know if you are too at sbuchwald@ctsnj.org.

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